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Health and Human
Services

**Texas Department of State
Health Services**

Healthy Texas Mothers and Babies

A State Update
February 11, 2021

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Objectives

- To understand the trend for specific risk factors associated with women's health and birth outcomes
- To identify the major contributors of maternal morbidity and mortality in Texas
- To understand the impact of TexasAIM on quality improvement efforts in hospitals

Available Data Books



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Texas Pregnancy Risk Assessment Monitoring System (PRAMS) Data Book

- Cross-sectional surveillance study to determine trends in maternal and infant health
- Before, during, and after pregnancy
- Last updated in October 2019
 - The latest updated version will be undergoing leadership review soon
- Details include:
 - Chronic conditions prior to pregnancy (obesity, diabetes, hypertension, depression)
 - Prenatal care
 - Breastfeeding
 - Safe sleep



Healthy Texas Mothers & Babies Data Book

- Provides the most current data available on maternal and infant health from multiple data sources
- Details include:
 - Birth demographics
 - Infant mortality and morbidity
 - Infant health practices
 - Prenatal care
 - Maternal health
 - Delivery
- Last updated in November 2019
 - The latest updated version is undergoing leadership review



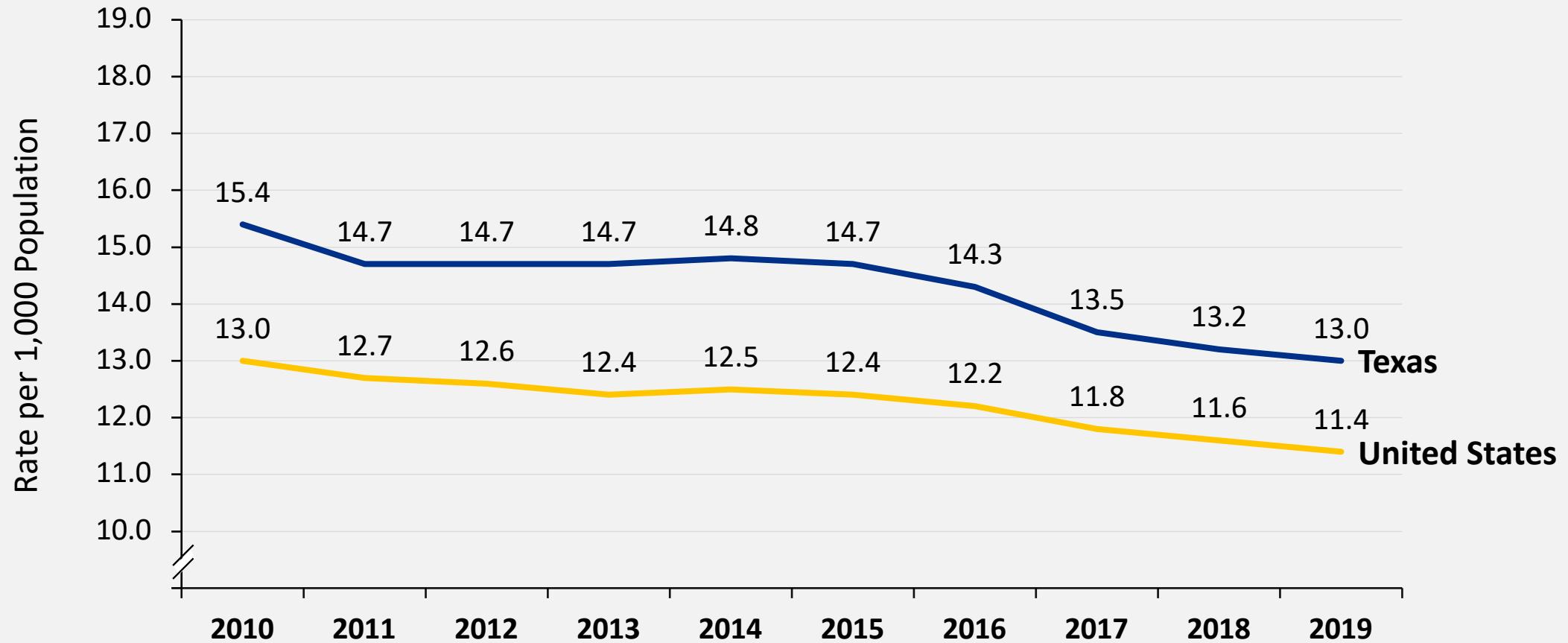
Data Results



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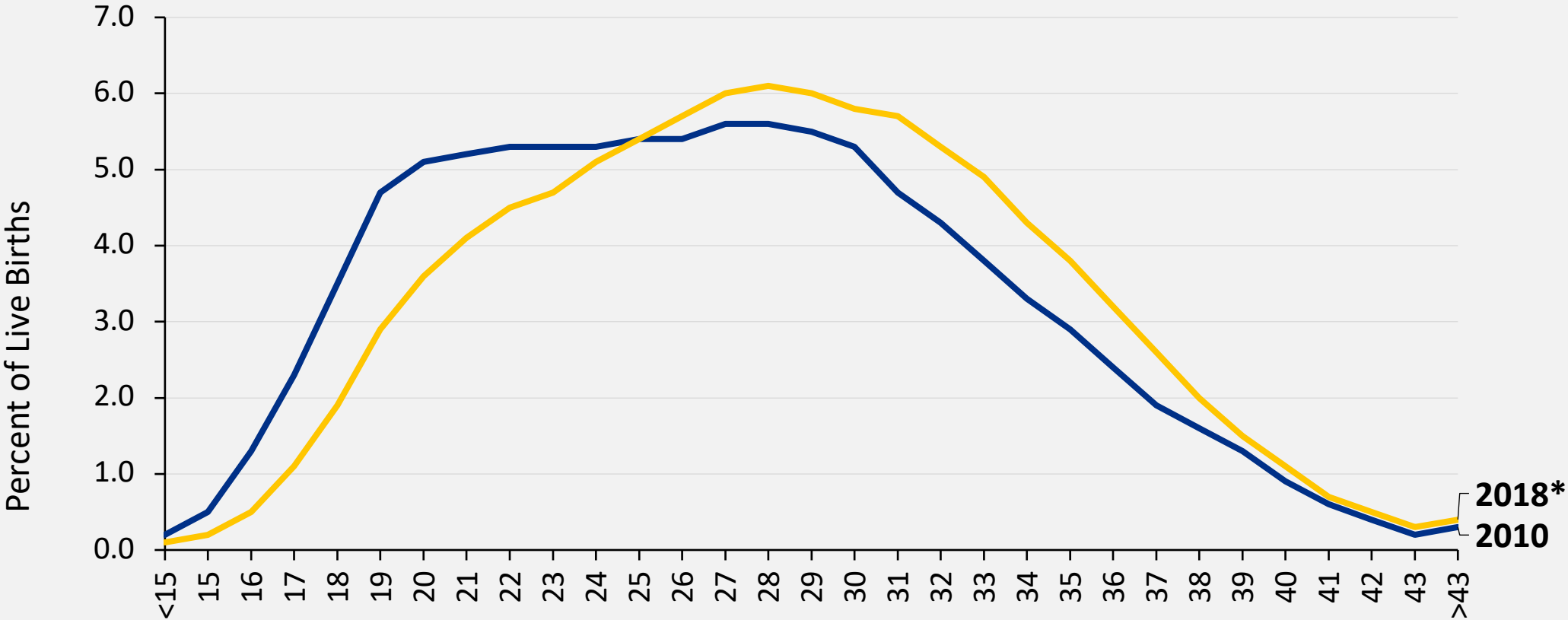
Texas Department of State
Health Services

Birth Rate in Texas and the United States, 2010-2019



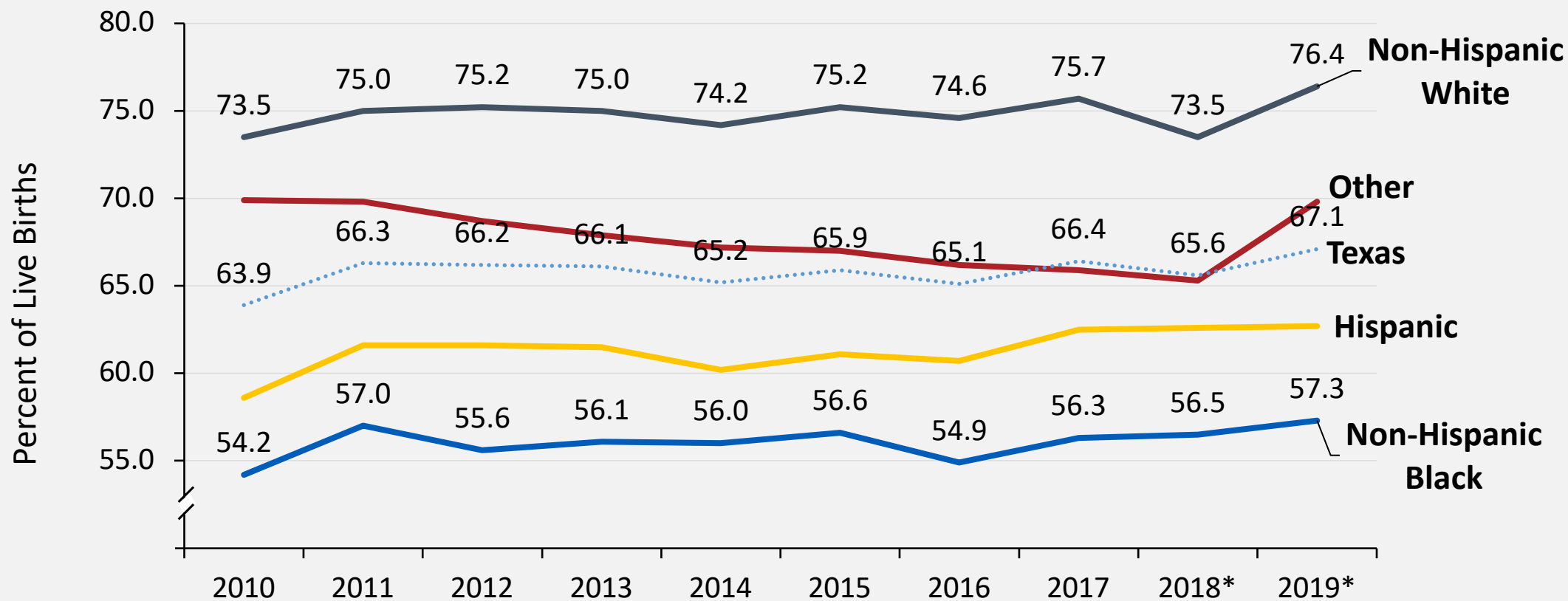
Source: National Center for Health Statistics
Prepared by: Maternal & Child Health Epidemiology Unit
Oct 2020

Maternal Age Distribution in 2010 and 2018



*2018 Texas data are provisional
Source: 2010 and 2018 Birth Files
Prepared by: Maternal & Child Health Epidemiology Unit
Oct 2020

Prenatal Care in the First Trimester by Race & Ethnicity, 2010-2019



*2018 and 2019 Texas data are provisional

Source: 2010-2019 Birth Files

Prepared by: Maternal & Child Health Epidemiology Unit

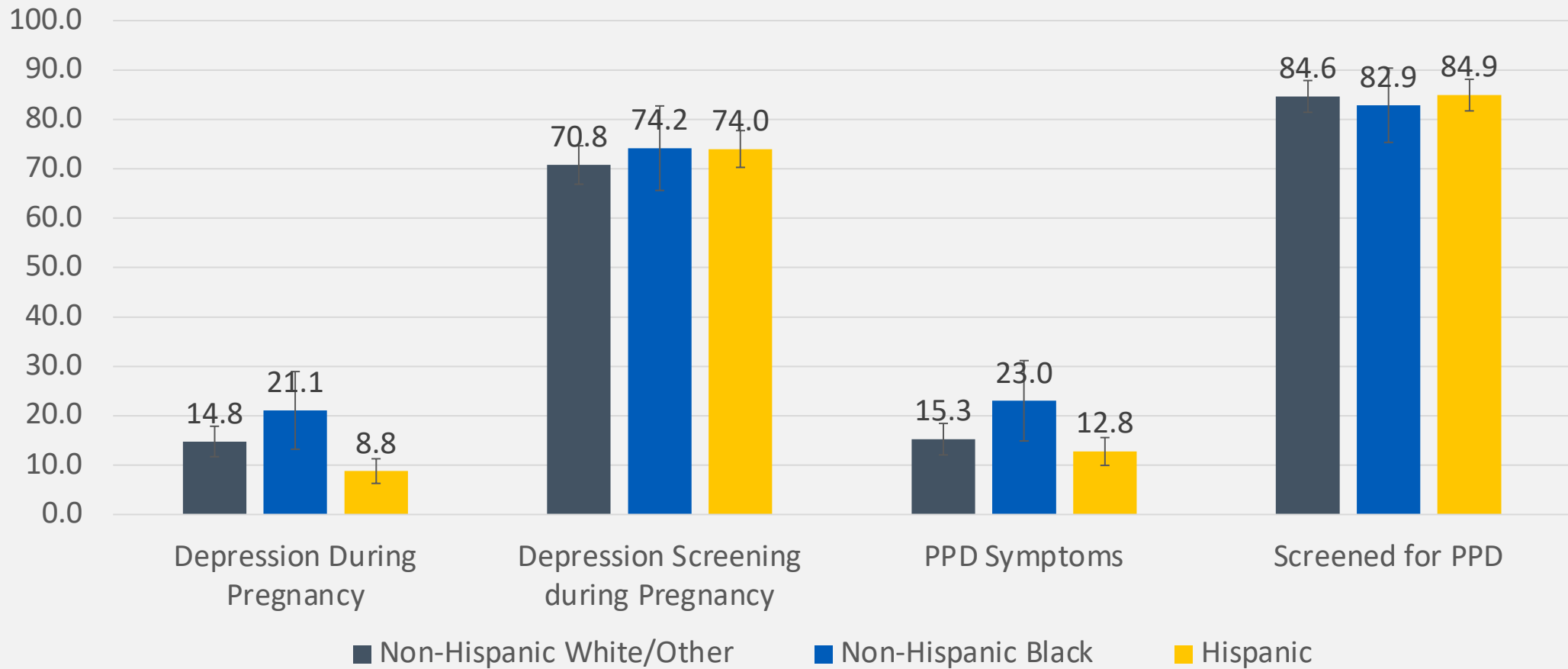
Oct 2020

Partner Abuse

- 2.4% (1.5-3.3) of women experienced physical abuse the year before becoming pregnant
 - 5.6% (1.1-10.1) of Non-Hispanic Black women
 - 2.6% (1.2-3.9) of Hispanic women
 - 1.8% (0.6-3.0) of Non-Hispanic White women
 - 0.4% (0.0-1.2) of Non-Hispanic Other women
- 49.1% (46.2-51.9) of women who had recently given birth had a healthcare professional discuss physical abuse during their prenatal visits
 - 55.7% (46.2-65.2) of Non-Hispanic Black women
 - 56.1% (51.8-60.3) of Hispanic women
 - 40.0% (35.4-44.6) of Non-Hispanic White women
 - 41.1% (31.4-50.9) of Non-Hispanic Other women

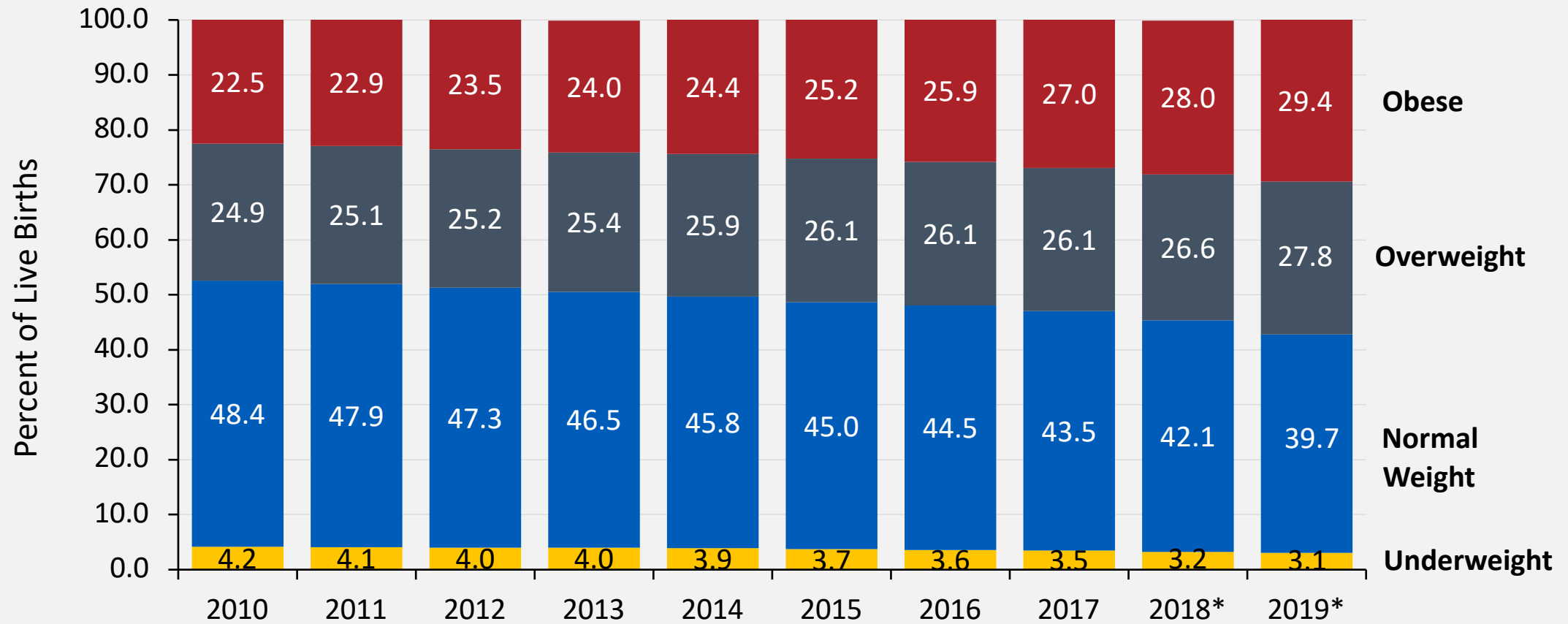


Depressive Symptoms & Screening, 2018 Texas PRAMS



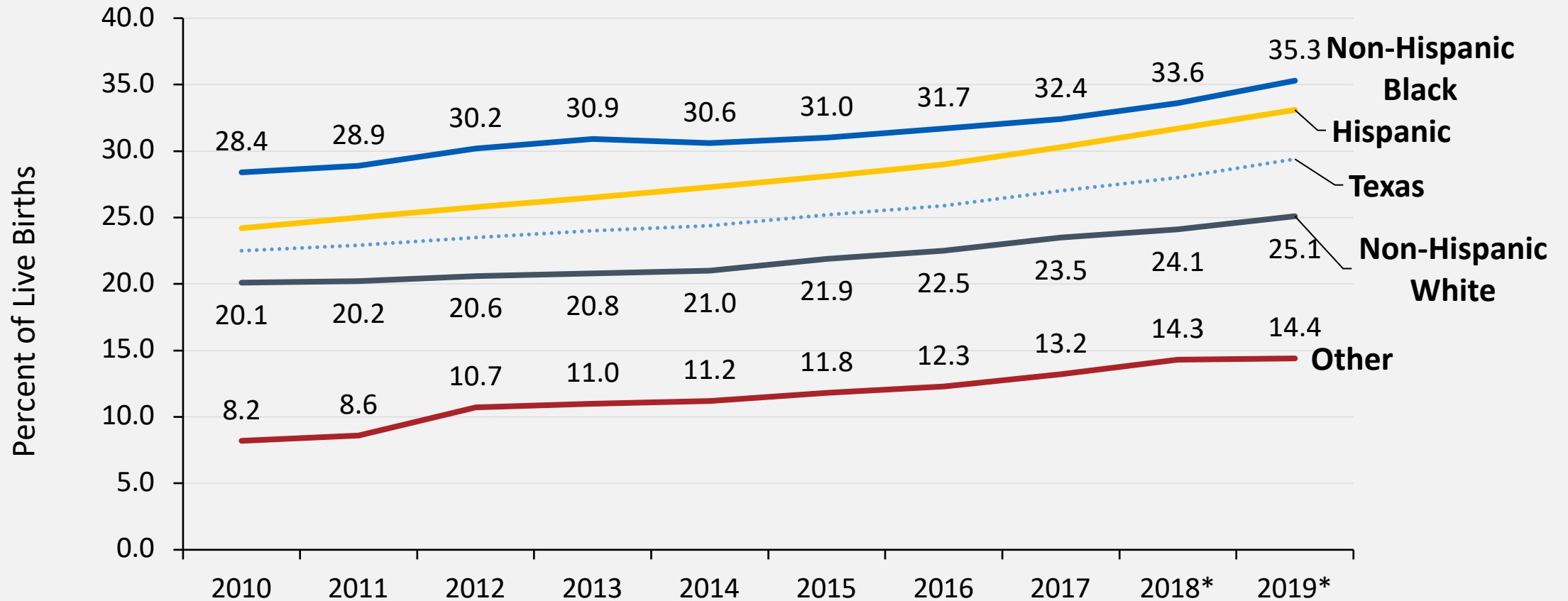
Source: 2018 Texas Pregnancy Risk Assessment Monitoring System.
Prepared by: Maternal and Child Health Epidemiology Unit.
Nov 2020

Pre-Pregnancy Obesity, 2010-2019



*2018 and 2019 Texas data are provisional
Source: 2010-2019 Birth Files
Prepared by: Maternal & Child Health Epidemiology Unit
Oct 2020

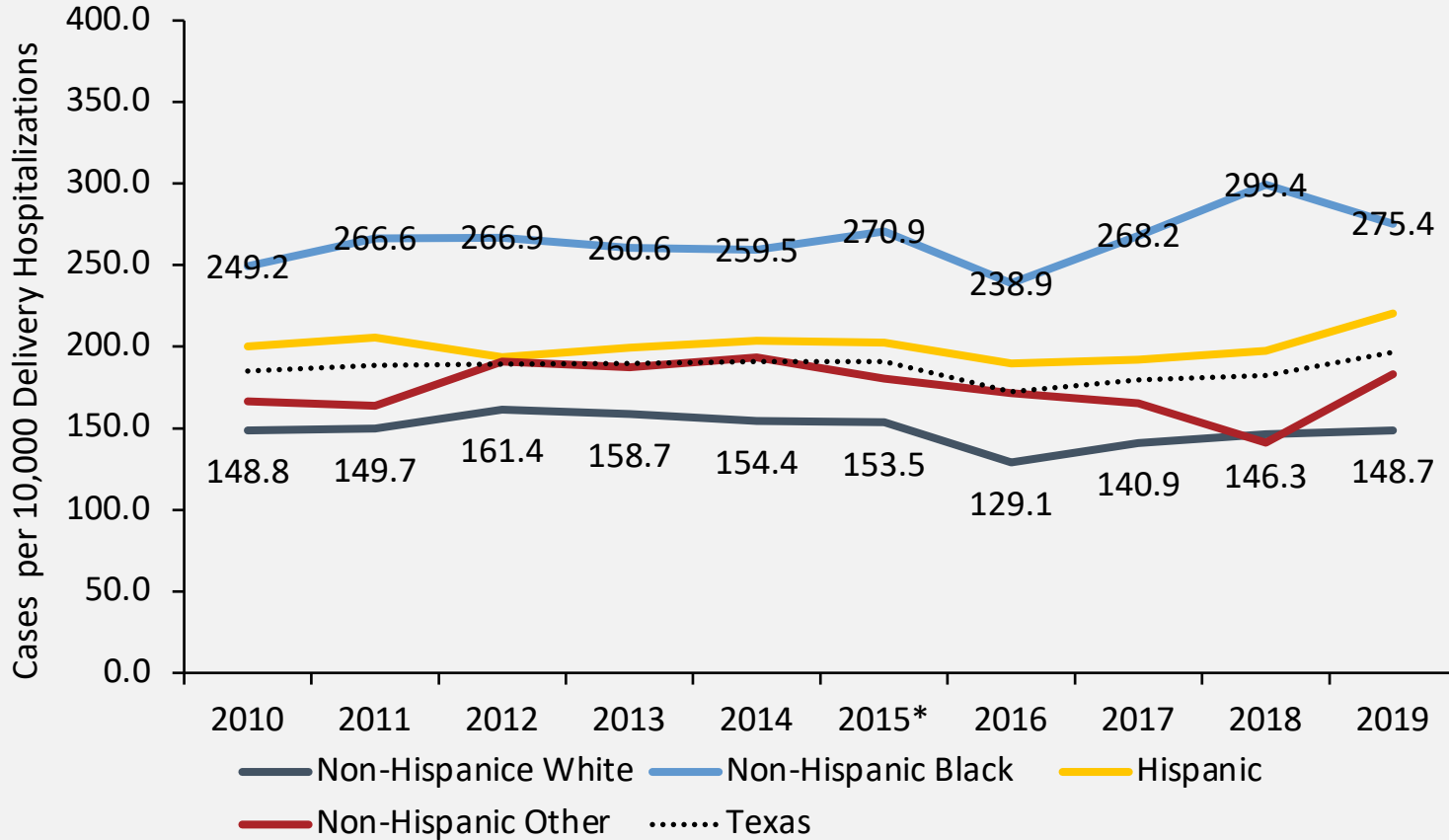
Pre-Pregnancy Obesity by Race & Ethnicity, 2010-2019



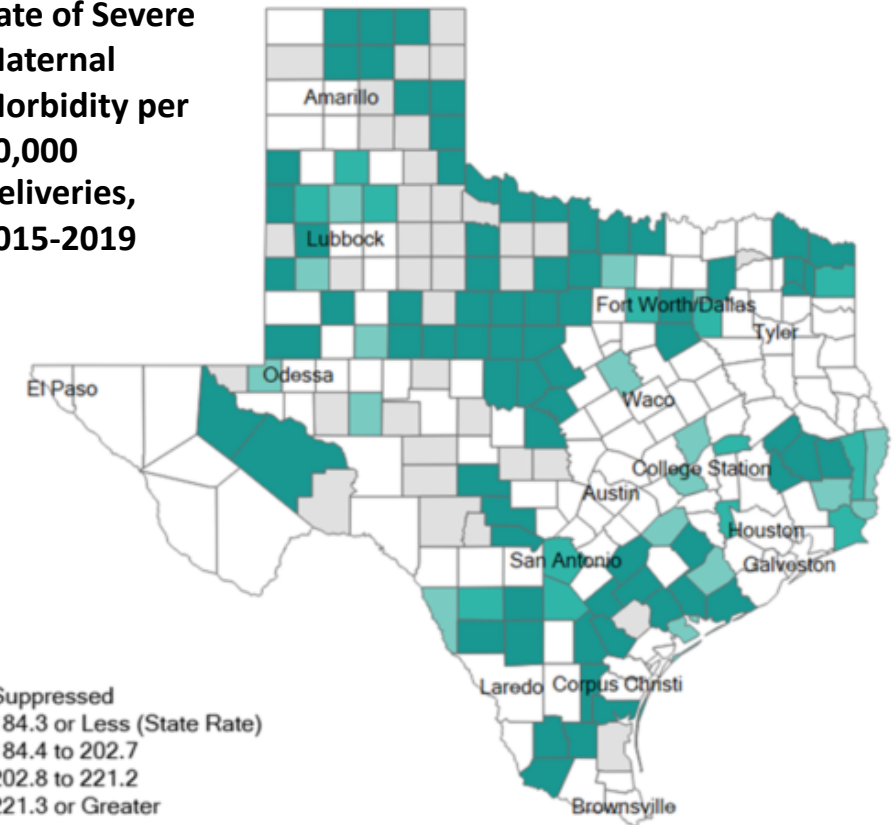
*2018 and 2019 Texas data are provisional
 Source: 2010-2019 Birth Files
 Prepared by: Maternal & Child Health Epidemiology Unit
 Oct 2020

Severe Maternal Morbidity per 10,000 Deliveries

Rate of Severe Maternal Morbidity (SMM) in Texas, 2010-2019



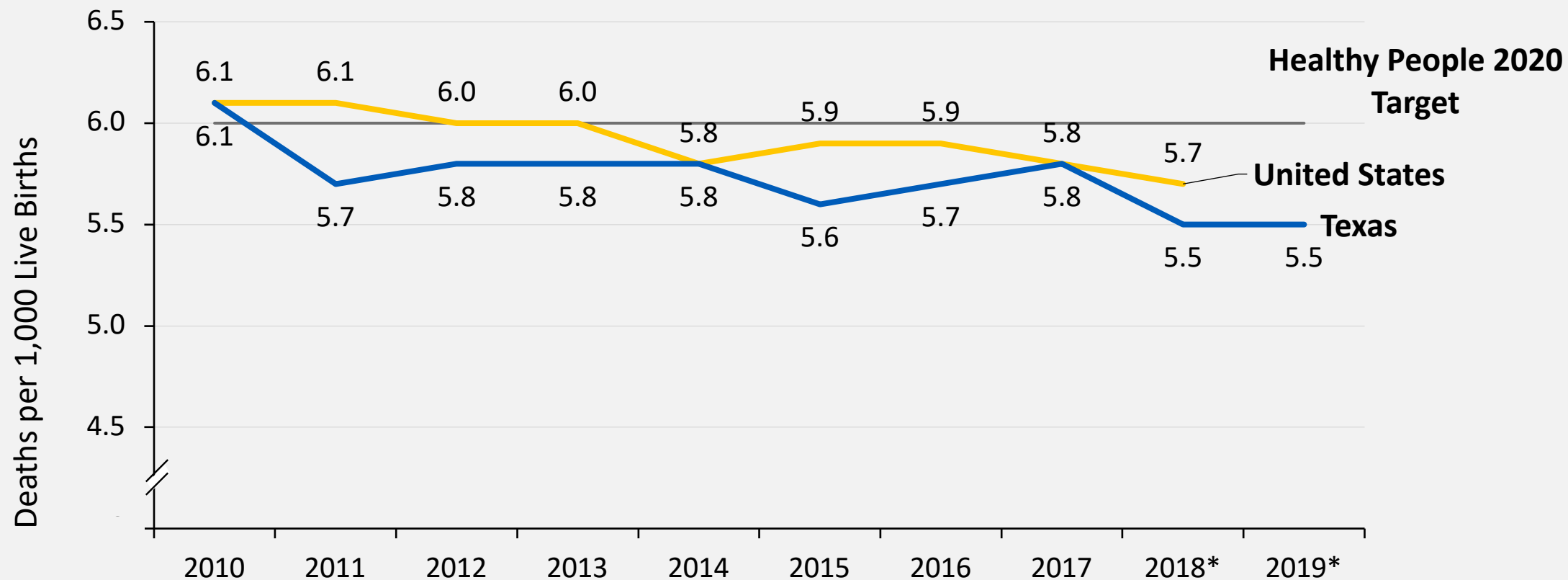
Rate of Severe Maternal Morbidity per 10,000 Deliveries, 2015-2019



Data transitioned to ICD-10CM in the last quarter of 2015
 Source: 2015-2019 Texas Hospital Inpatient Public Use Data Files
 CDC SMM codes list as of March 2019 was used to identify SMM
 Prepared by: Maternal & Child Health Epidemiology Unit
 Oct 2020

*Data transitioned to ICD-10-CM in the last quarter of 2015.
 Source: 2009-2018 Texas Hospital Inpatient Public Use Data Files
 Prepared by: Maternal & Child Health Epidemiology Unit
 Jan 2021

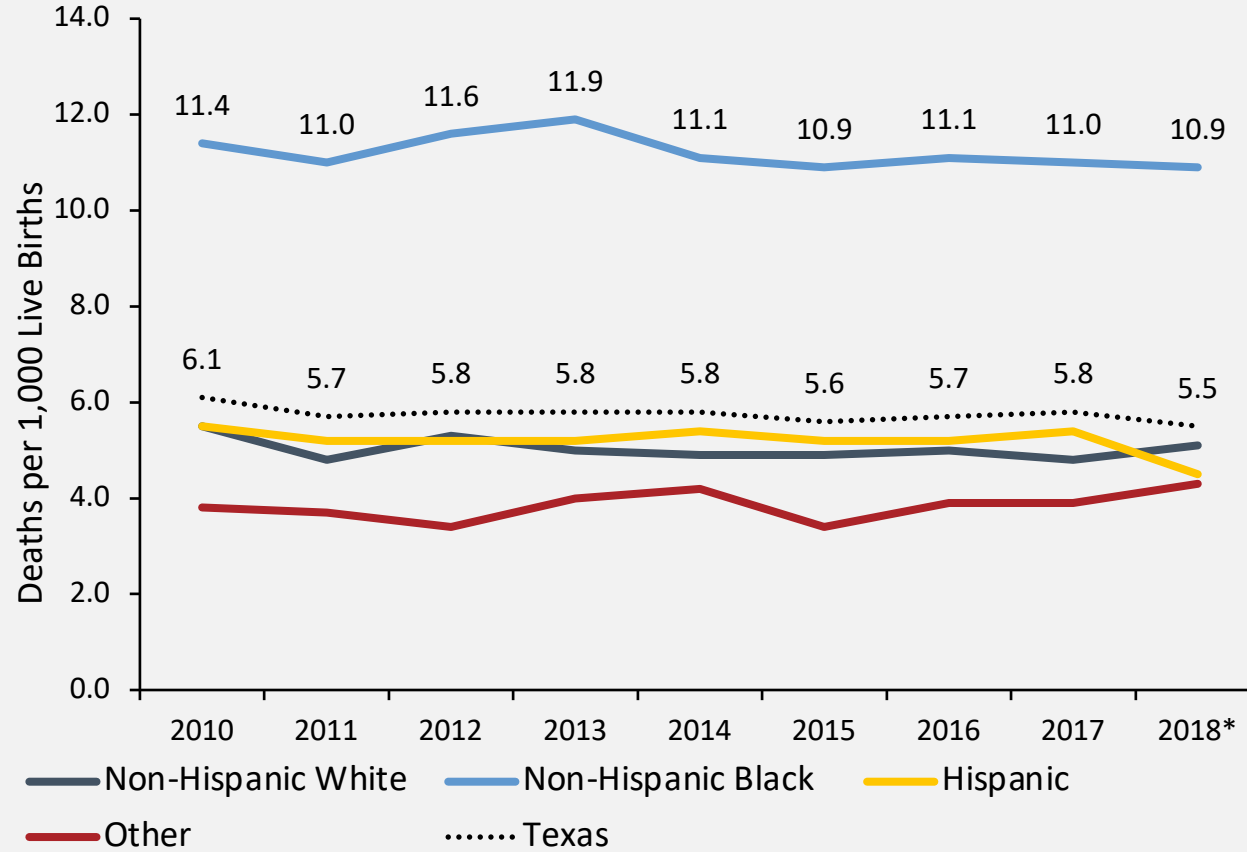
Infant Mortality Rate in Texas and the United States, 2010-2019



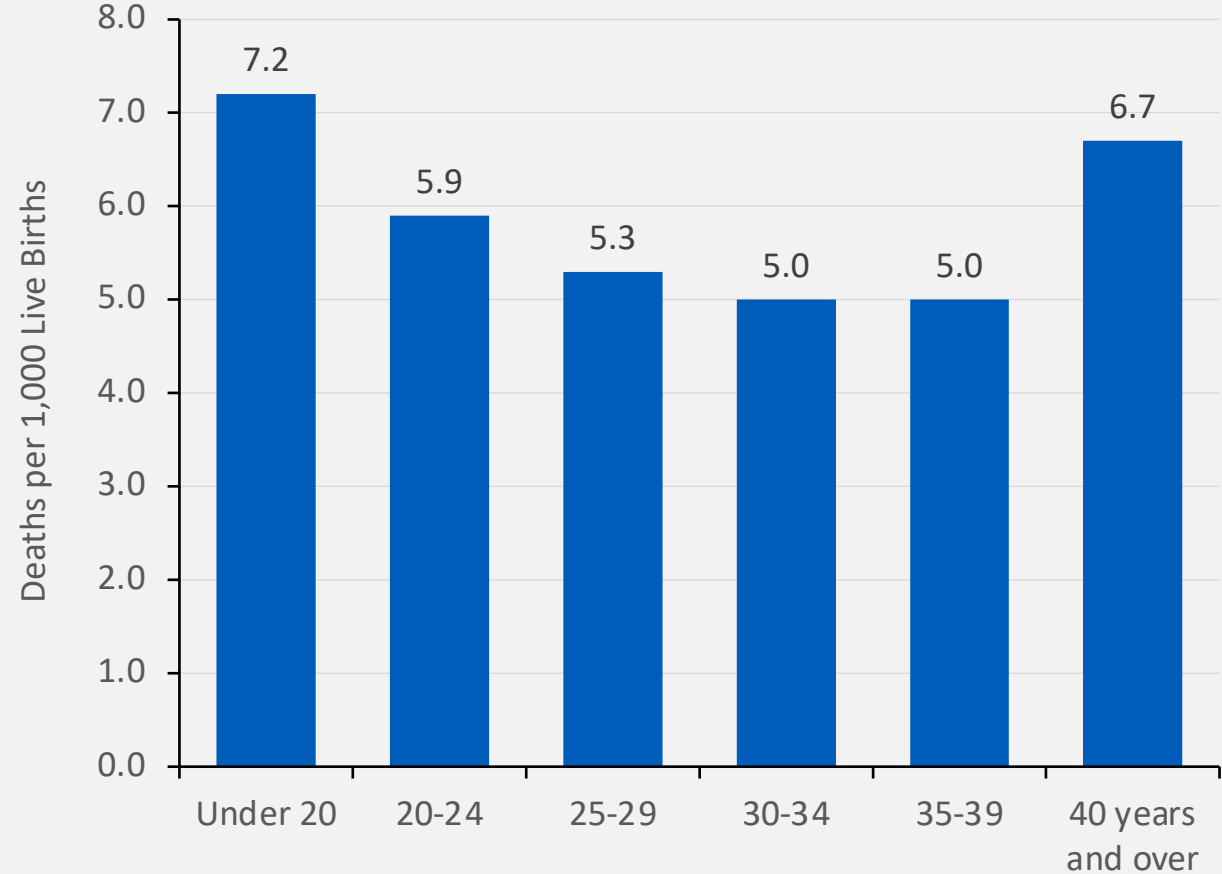
*2018 and 2019 Texas data are provisional
Source: 2010-2019 Texas Birth and Death Files,
National Center for Health Statistics
Prepared by: Maternal & Child Health Epidemiology Unit

Infant Mortality Disparities

Infant Mortality Rate in Texas by Race/Ethnicity, 2010-2018



Infant Mortality Rate by Age Group, 2018



*2018 Texas data are provisional
 Source: 2010-2018 Texas Birth and Death Files
 Prepared by: Maternal & Child Health Epidemiology Unit
 Jan 2021

Source: 2018 NCHS Linked Birth-Death Files
 Prepared by: Maternal & Child Health Epidemiology Unit
 Nov 2020

Report Access

- HTMB Data Book
 - <https://www.dshs.texas.gov/healthytexasbabies/data.aspx>
- Texas Pregnancy Risk Assessment Monitoring System (PRAMS)
 - <https://www.dshs.Texas.gov/mch/PRAMS.aspx>



TexasAIM

Current Progress



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Maternal Health & Safety Initiatives

**As Required by
Texas Health and Safety Code,
Section 34.0156, 34.0158, and
1001.262**

December 2020



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Texas Department of
State Health Services

Reports available at
<https://www.dshs.texas.gov/legislative/Reports-2020.aspx>



Texas Maternal Mortality and Morbidity Review Committee and Department of State Health Services Joint Biennial Report

**As Required by
Texas Health and Safety Code,
Section 34.015**

**Maternal Mortality and
Morbidity Review Committee
September 2020**



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Texas Department of
State Health Services

The Action Plan outlines **THREE SPECIFIC TARGETS** to help the nation improve its maternal mortality outcomes:



TARGET 1:

Reduce the maternal mortality rate by 50 percent in 5 years.



TARGET 2:

Reduce the low-risk cesarean delivery rate by 25 percent in 5 years.



TARGET 3:

Achieve blood pressure control in 80 percent of women of reproductive age with hypertension in 5 years.



Read more about the *HHS Action Plan* and the *Surgeon General's Call to Action* here:
www.womenshealth.gov

4 KEY GOALS

designed to achieve the overall vision, which reflect the importance of bringing a life course perspective to improving maternal and infant health outcomes.



Check out the **HHS ACTION PLAN & THE SURGEON GENERAL'S CALL TO ACTION** for more info.

www.womenshealth.gov



POSTPARTUM

maintain ongoing touch points for women with medical and social service providers to ensure warning signs are identified and addressed, and by providing accessible information on parenting skills, self-esteem building and stress management, as well as other family supports



GOAL 1

Healthy Outcomes for All Women of Reproductive Age



GOAL 2

Healthy Pregnancies and Births



GOAL 3

Healthy Futures



GOAL 4

Improve Data and Bolster Research



PRE-PREGNANCY

perform recommended screenings and treat all young girls, adolescents, and women for a variety of health risk factors



DURING PREGNANCY

continue prevention efforts into pregnancy to prevent or mitigate the development of complications

About TexasAIM

Core Alliance for Improvement on Maternal Health (AIM) Patient Safety Bundles

- Obstetric Hemorrhage
- Severe Hypertension in Pregnancy
- Obstetric Care for Women with Opioid Use Disorder

Overarching Program Goals

1. Obtain participation from more than 75% of Texas hospitals with OB lines of service
2. Engage 50% or more participating hospitals in a Learning Collaborative:
3. Support hospitals with tools and technical assistance in quality improvement as they implement bundles
4. Foster partnerships to develop and align infrastructure and resources to support Learning Collaborative goals

About TexasAIM

Core Alliance for Improvement on Maternal Health (AIM) Patient Safety Bundles

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- Obstetric Care for Women with Opioid Use Disorder

Overarching Program Goals

- ✓ 1. Obtain participation from more than 75% of Texas hospitals with OB lines of service
98% of Texas' hospitals with OB Services
- ✓ 2. Engage 50% or more participating hospitals in a Learning Collaborative:
83% of enrolled hospitals were Plus
- ✓ 3. Support hospitals with tools and technical assistance in quality improvement as they implement bundles
- ✓ 4. Foster partnerships to develop and align infrastructure and resources to support Learning Collaborative goals

TexasAIM OBH Reach (Enrolled Hospitals)

TexasAIM Enrollment by the Numbers

Hospitals participating in TexasAIM serve:



Hospital Enrollment:

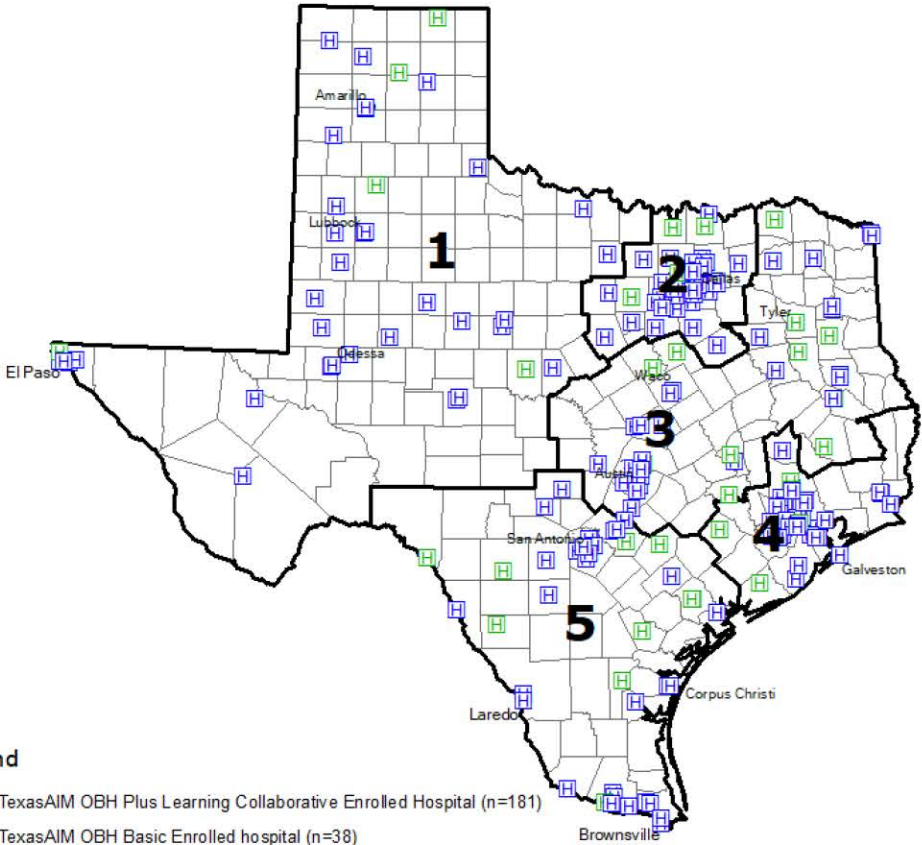





TexasAIM Severe Hypertension in Pregnancy Learning Collaborative **Enrolling Now**

<https://dshs.texas.gov/mch/TexasAIM>

TexasAIM@dshs.texas.gov

Hospitals Enrolled in the TexasAIM Obstetric Hemorrhage (OBH) Initiative as of September 15, 2020
By TexasAIM Cohort Region



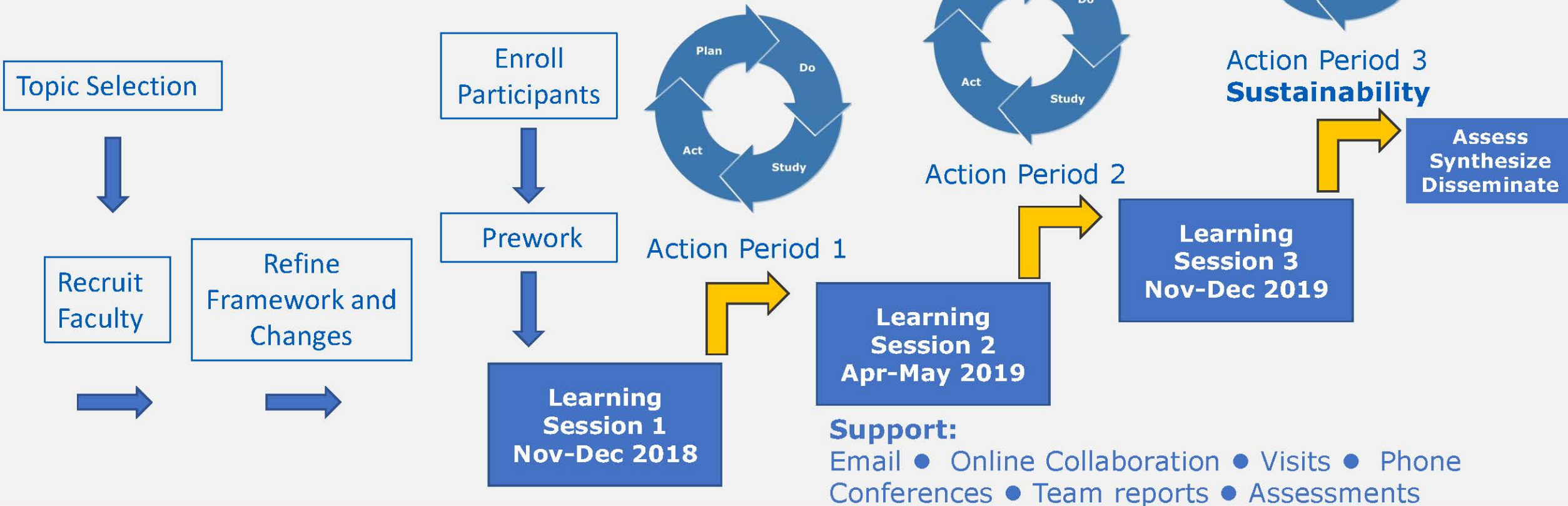
- Legend**
-  TexasAIM OBH Plus Learning Collaborative Enrolled Hospital (n=181)
 -  TexasAIM OBH Basic Enrolled hospital (n=38)
 -  TexasAIM OBH Plus Learning Collaborative Cohort Region

Source: TexasAIM Enrollment Data
Prepared by: Maternal & Child Health Epidemiology, 9/17/2020.

Our Method

TexasAIM Plus OBH Learning Collaborative

Method: IHI Breakthrough Series: Vehicle for identifying, testing, and spreading changes that are effective for improving care and outcomes for defined populations.



Measure Types

AIM Data Types

OUTCOME MEASURES

Assess changes in health that are attributable to specific interventions. Important to development of QI efforts. Drawn from statewide administrative data.

PROCESS MEASURES

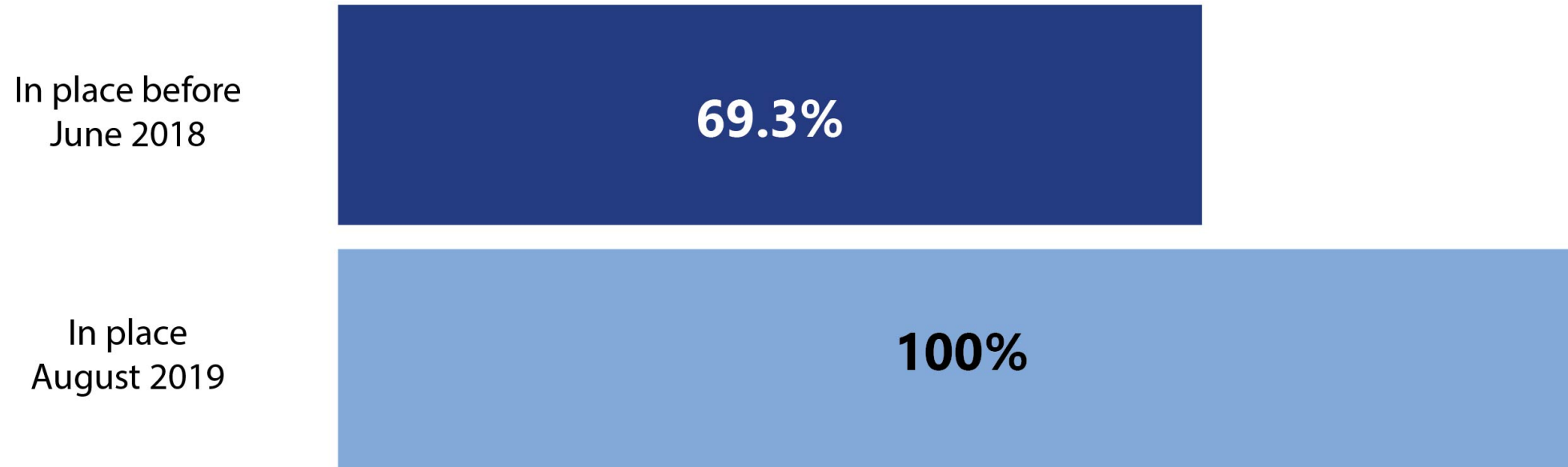
Evidence-based best practices adopted to aid in improving outcomes. Key to improving health care delivery and outcomes. Directly collected by hospitals participating in AIM.

STRUCTURE MEASURES

Examine infrastructural capacity, systems and processes. Work in tandem with process measures to identify areas for QI efforts. Directly collected by hospitals participating in AIM.

AIM Obstetric Hemorrhage Bundle Structure Measures-Improvement from Baseline

Percent of hospitals that have OB hemorrhage supplies readily available,
typically in a cart or mobile box.



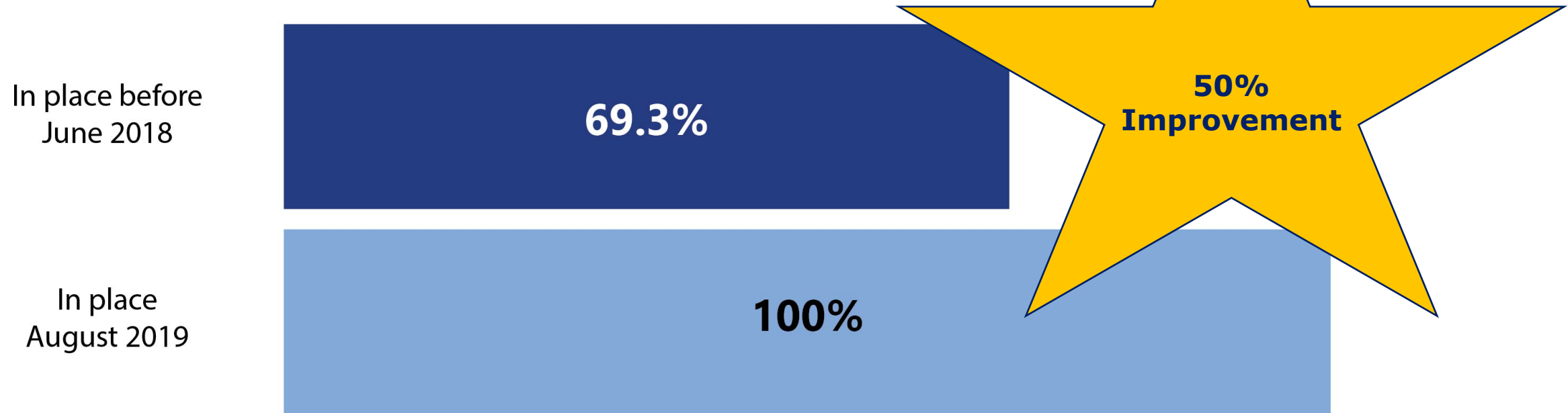
Prepared by Maternal and Child Health Epidemiology, October 2020

Source: AIM Structure Measure Data: AIM Data Portal, Healthy Texas Mothers and Babies Branch, DSHS.

For TexasAIM Plus hospitals reporting on structure measures, the percentage of hospitals reporting the bundle component was in place before TexasAIM kickoff in June 2018 and in place through August 2020.

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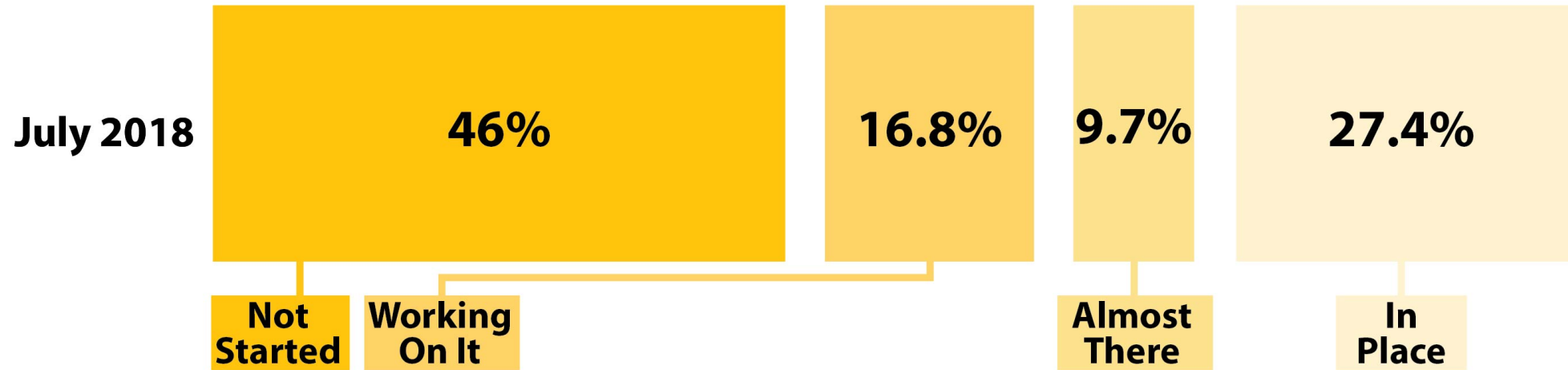
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AIM Obstetric Hemorrhage Bundle Process Measures-Improvement from Baseline

Hemorrhage Risk Assessment

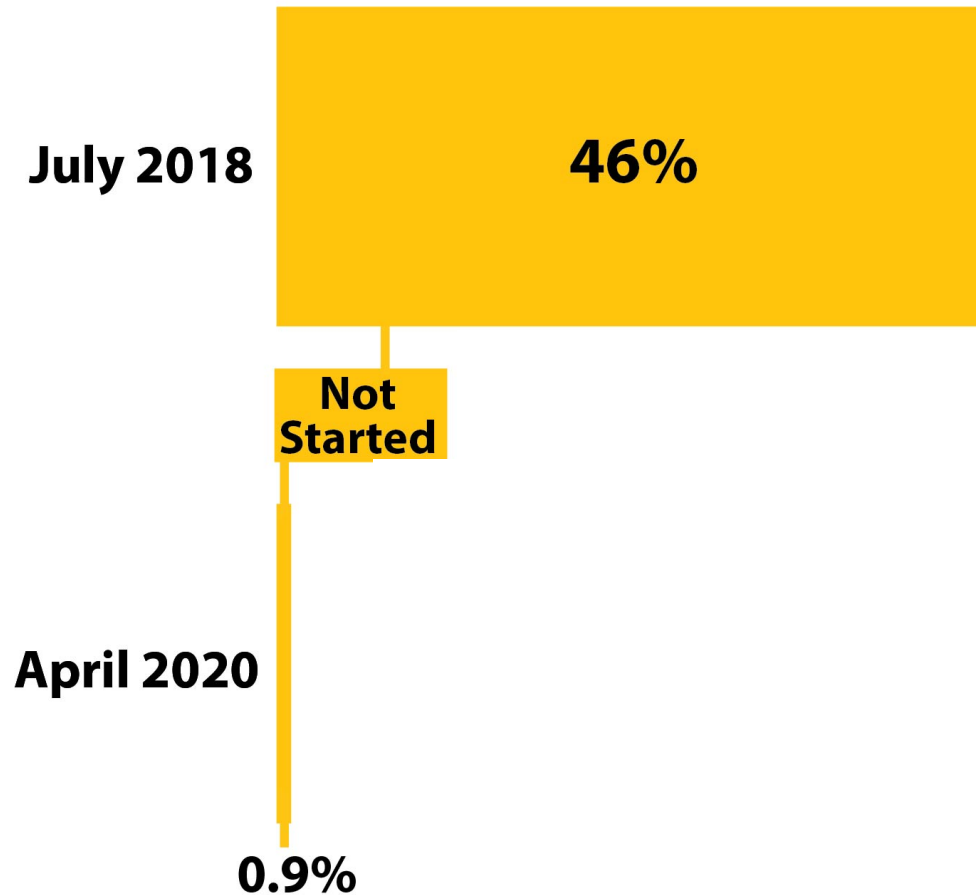


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Hemorrhage Risk Assessment



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AIM Obstetric Hemorrhage Bundle Process Measures-Improvement from Baseline

Hemorrhage Risk Assessment

July 2018

27.4%

**In
Place**

April 2020

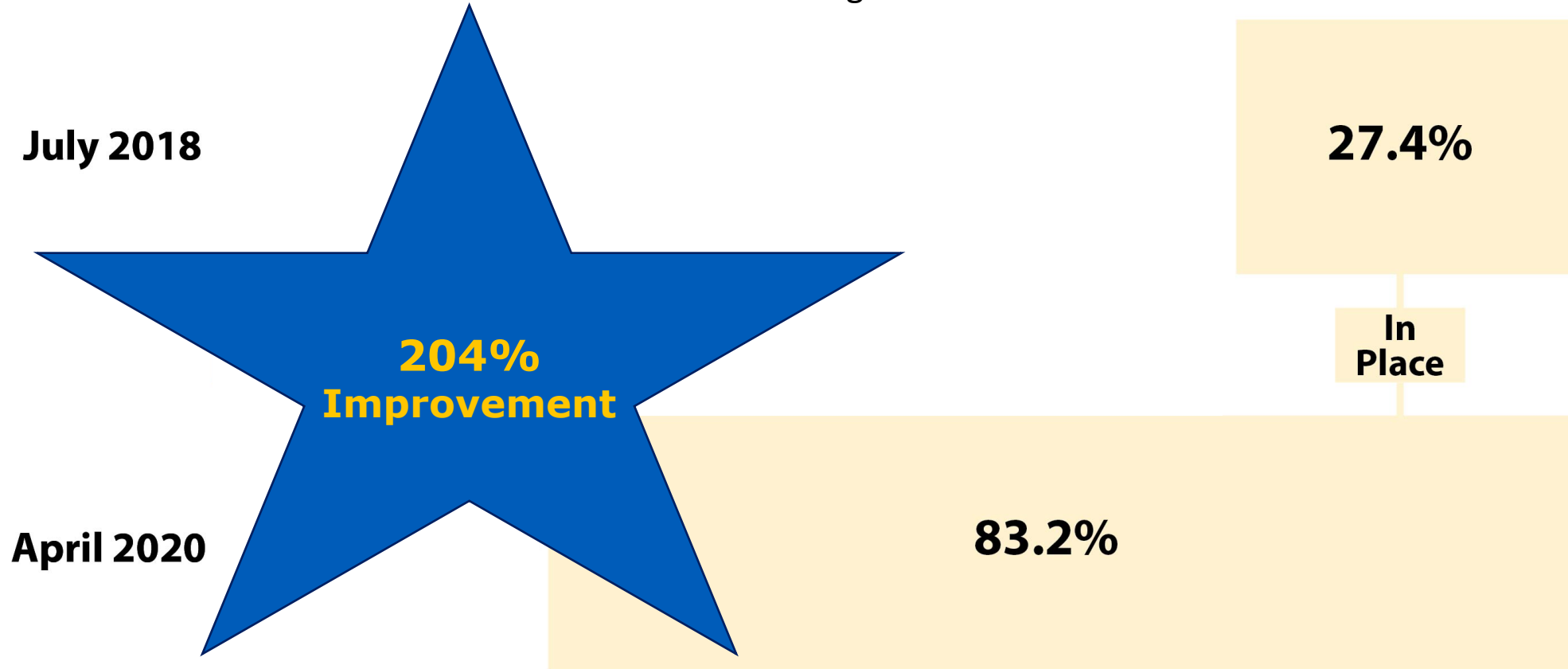
83.2%

Prepared by Maternal and Child Health Epidemiology, October 2020

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AIM Obstetric Hemorrhage Bundle Process Measures-Improvement from Baseline

Hemorrhage Risk Assessment



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Dry Weights

Peach peripad = 25 gm
Green Chux pad = 540 gm
Pink Chux pad = 440 gm
Patient gown = 365 gm
Large gown = 460 gm
Towel = 280 gm
Wash cloth = 40 gm
Raytex 4 X 4 = 5 gm
Blue Towel = 55 gm
Baby Blanket = 125 gm
Bed sheet = 460 gm
Blanket- adult = 805 gm
Comforter = 1280 gm
Extra large gown = 515 gm
Lap = 20 gm

Procedure for Quantification of Blood Loss (QBL)

- Weigh all bloody items in grams
- Subtract dry weights in grams
- Remaining weight in grams = ml blood loss

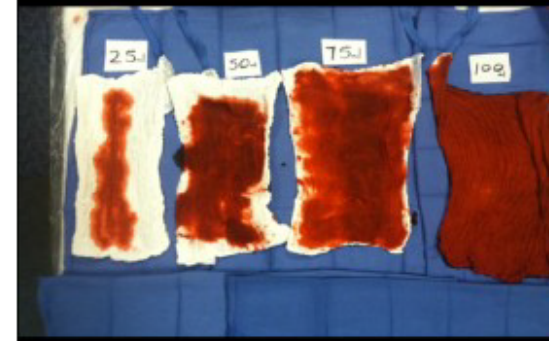
1 gram = 1 ml

Photos: Tricia Walton
and Hedy Edmund



Use of a calibrated under the buttocks drape clearly shows an amount of 275 ml of blood loss.

Visual Estimation of Blood Loss



25 ml blood saturates about 50% area

50 ml blood saturates about 75% area

75 ml blood saturates entire surface

100 ml blood will saturate entire lap and drip



50 ml



100 ml



200 ml



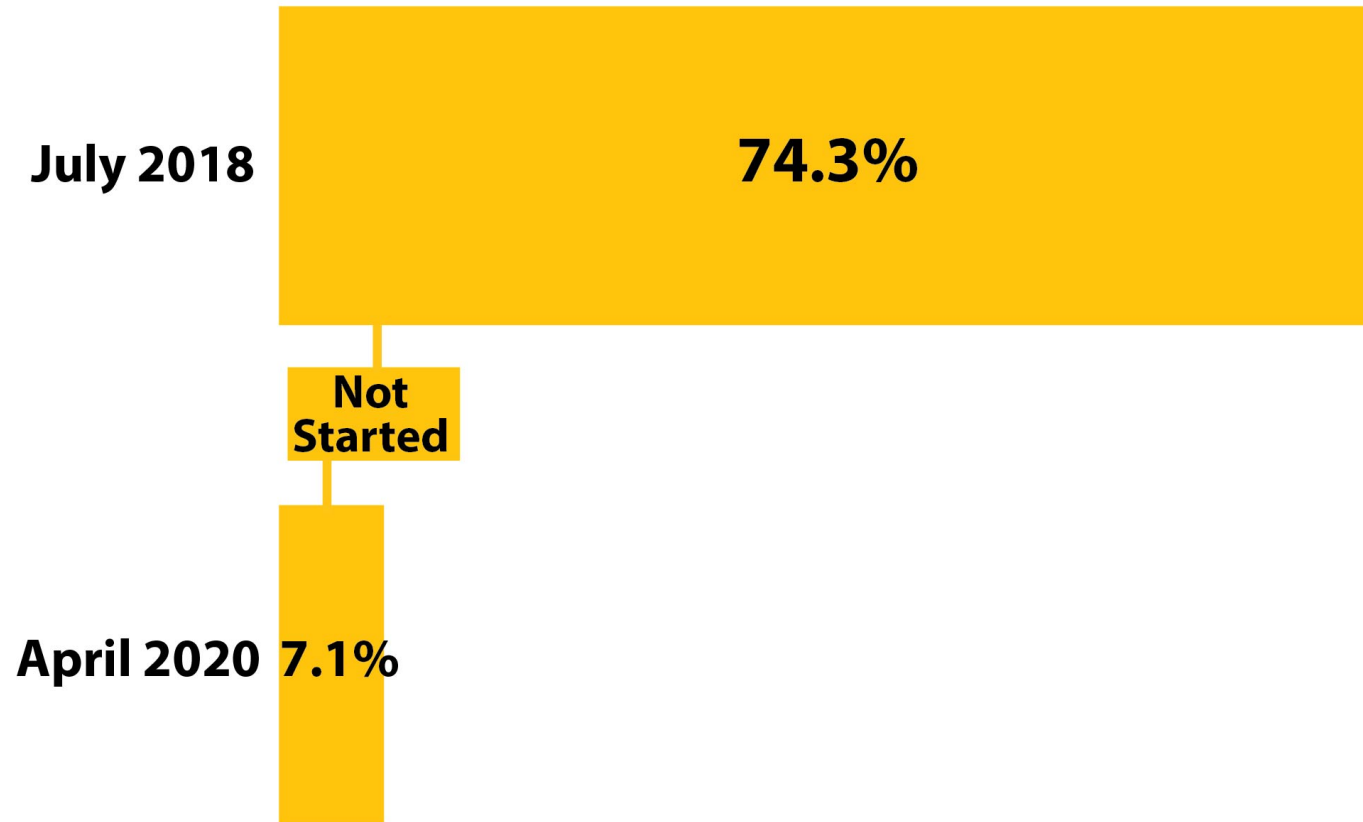
500 ml



700 ml

AIM Obstetric Hemorrhage Bundle Process Measures-Improvement from Baseline

Quantitative Blood Loss Measurement Through Recovery



Prepared by Maternal and Child Health Epidemiology, October 2020

Source: AIM Quarterly Process Measure Data: AIM Data Portal, Healthy Texas Mothers and Babies Branch, DSHS.
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AIM Obstetric Hemorrhage Bundle Process Measures-Improvement from Baseline

Quantitative Blood Loss Measurement Through Recovery

July 2018

7.1%

In Place

April 2020

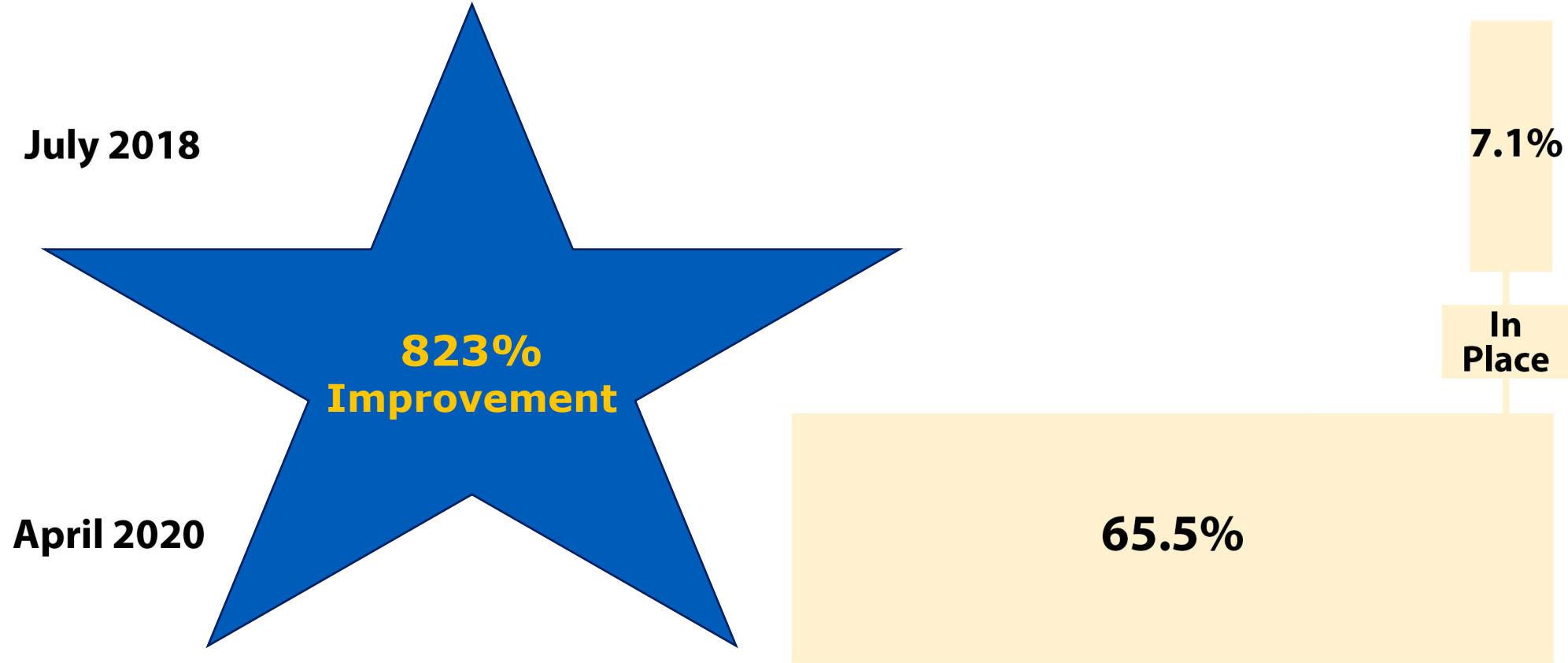
65.5%

Prepared by Maternal and Child Health Epidemiology, October 2020

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Quantitative Blood Loss Measurement Through Recovery

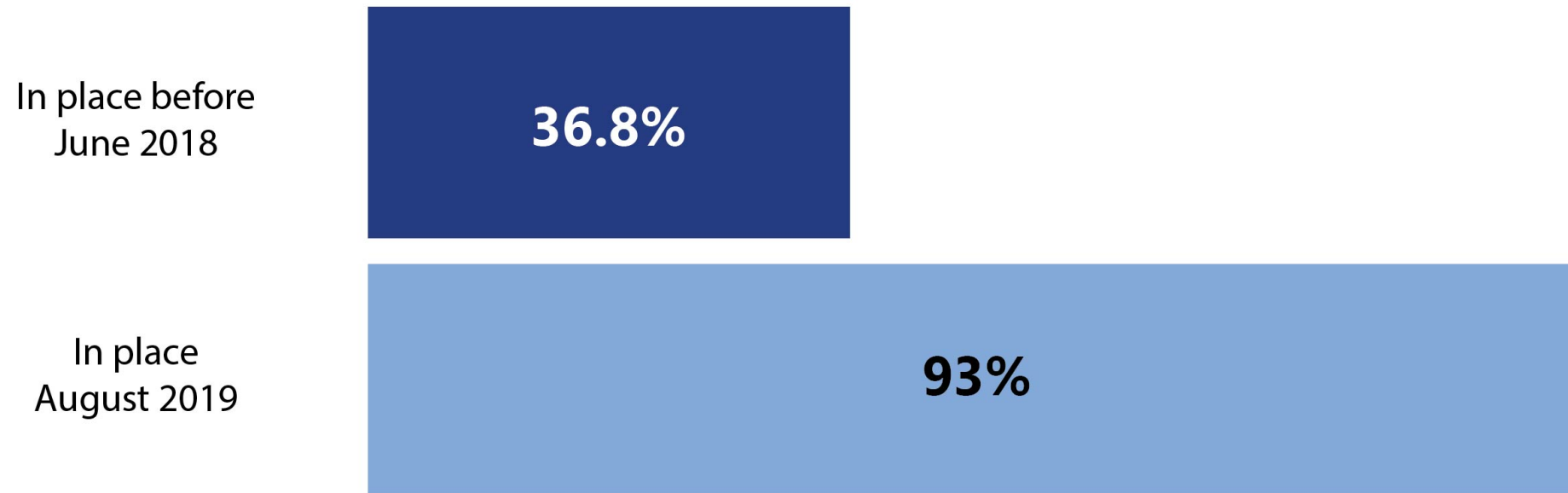


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AIM Obstetric Hemorrhage Bundle Structure Measures-Improvement from Baseline

Percent of hospitals with an OB hemorrhage policy and procedure (reviewed and updated in the last 2-3 years) that provides a unit-standard approach using a stage-based management plan with checklists.



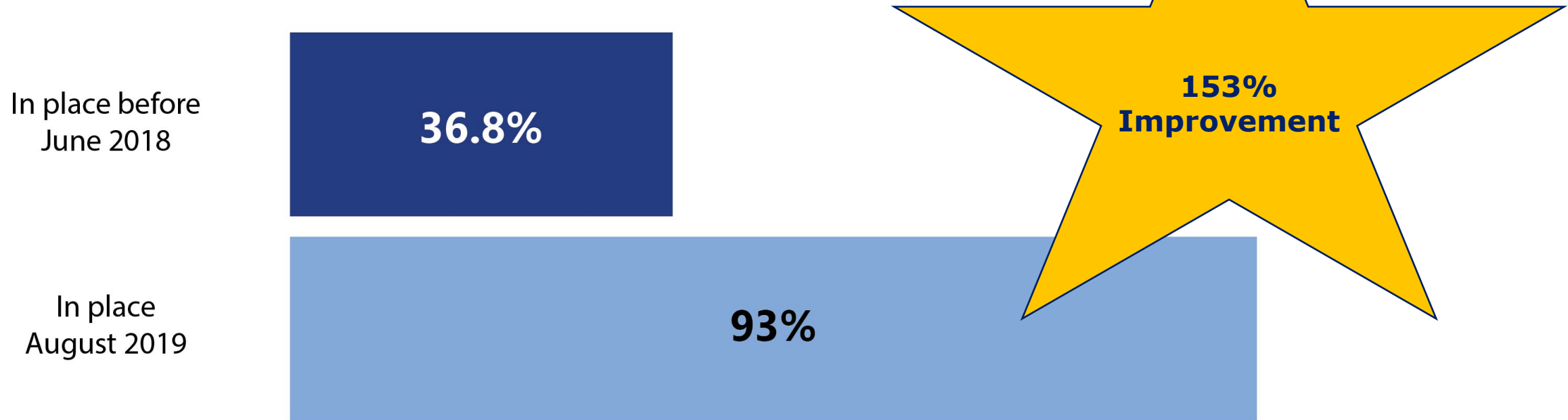
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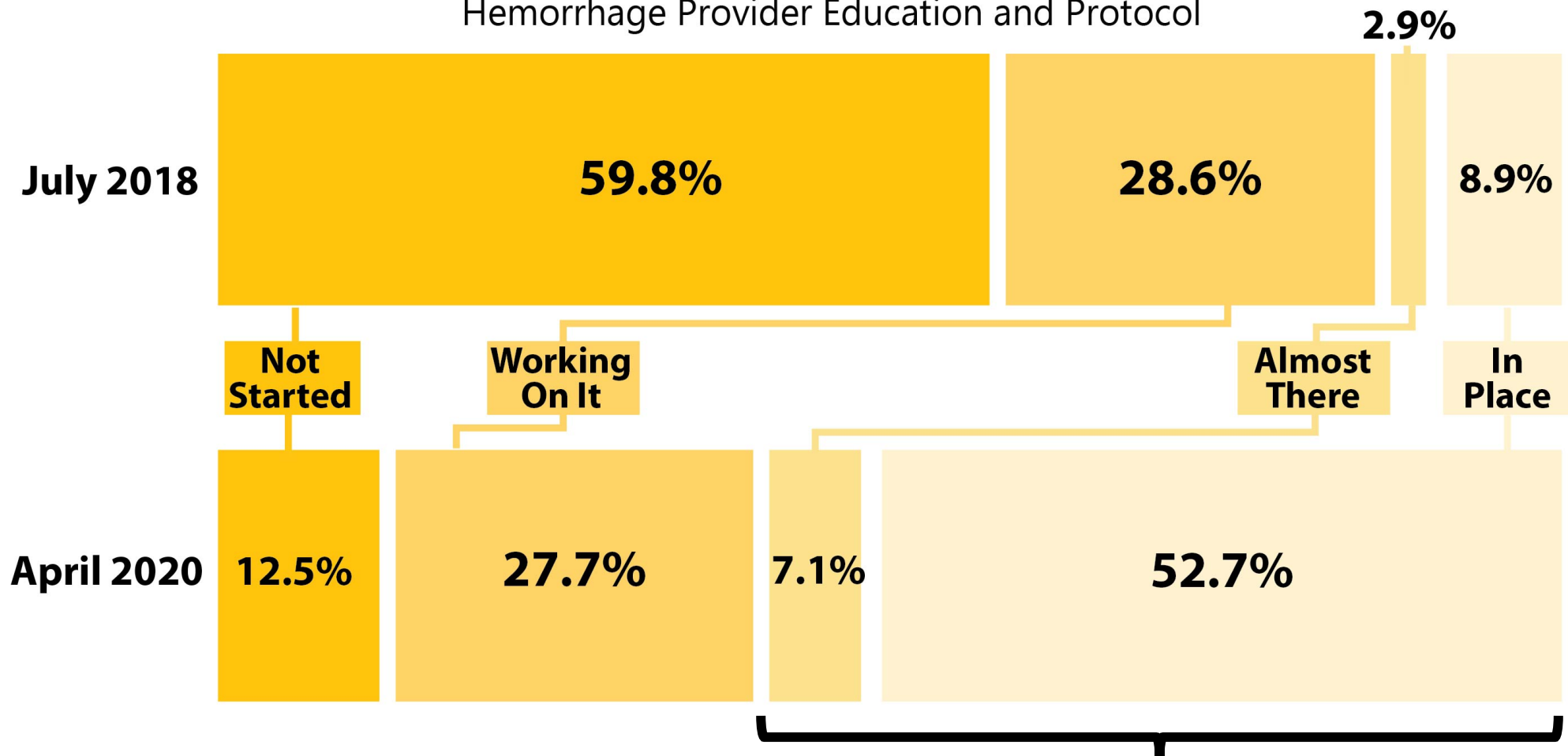
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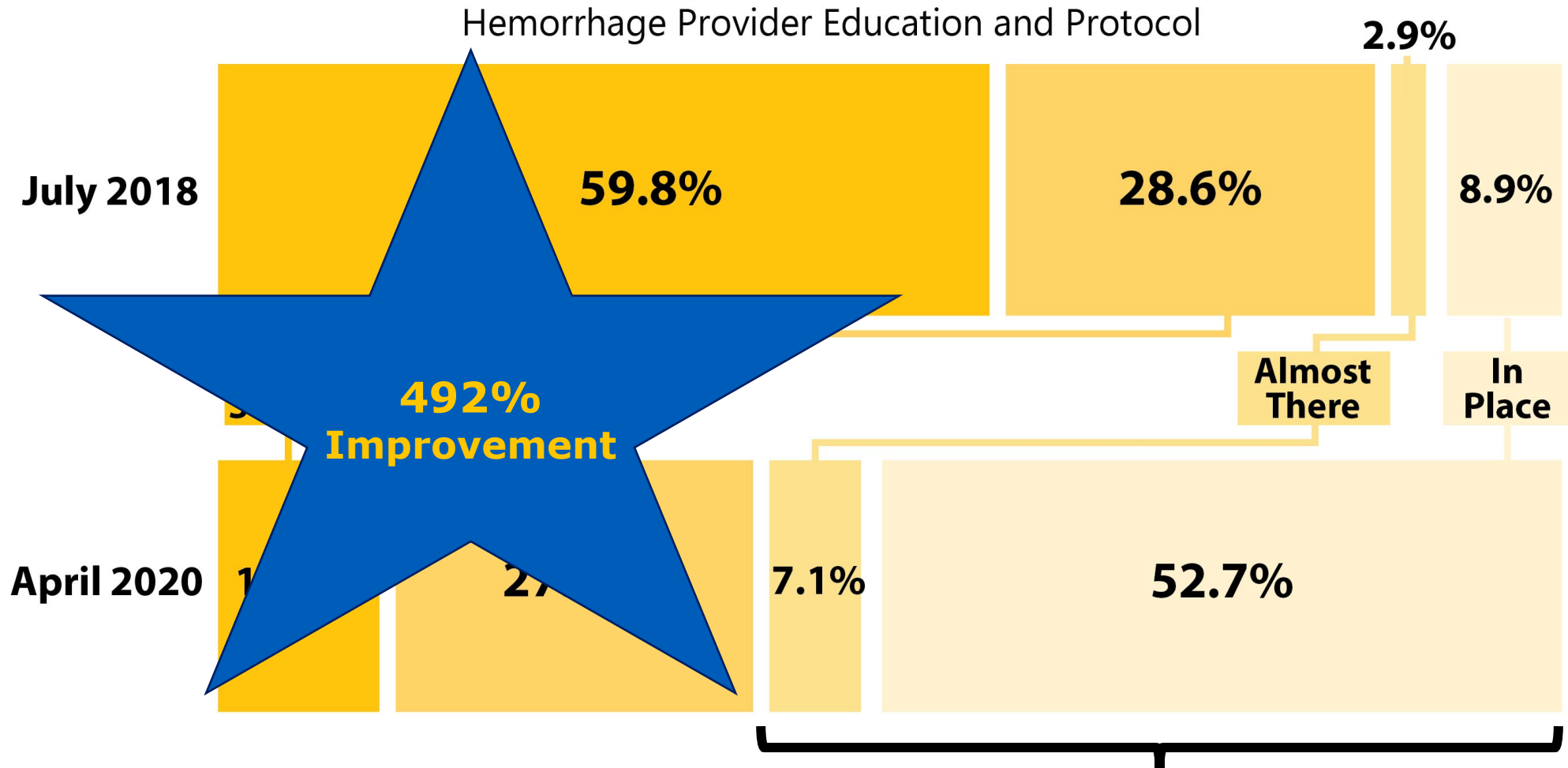
Hemorrhage Provider Education and Protocol



Prepared by Maternal and Child Health Epidemiology, October 2020

Source: AIM Quarterly Process Measure Data: AIM Data Portal, Healthy Texas Mothers and Babies Branch, DSHS.
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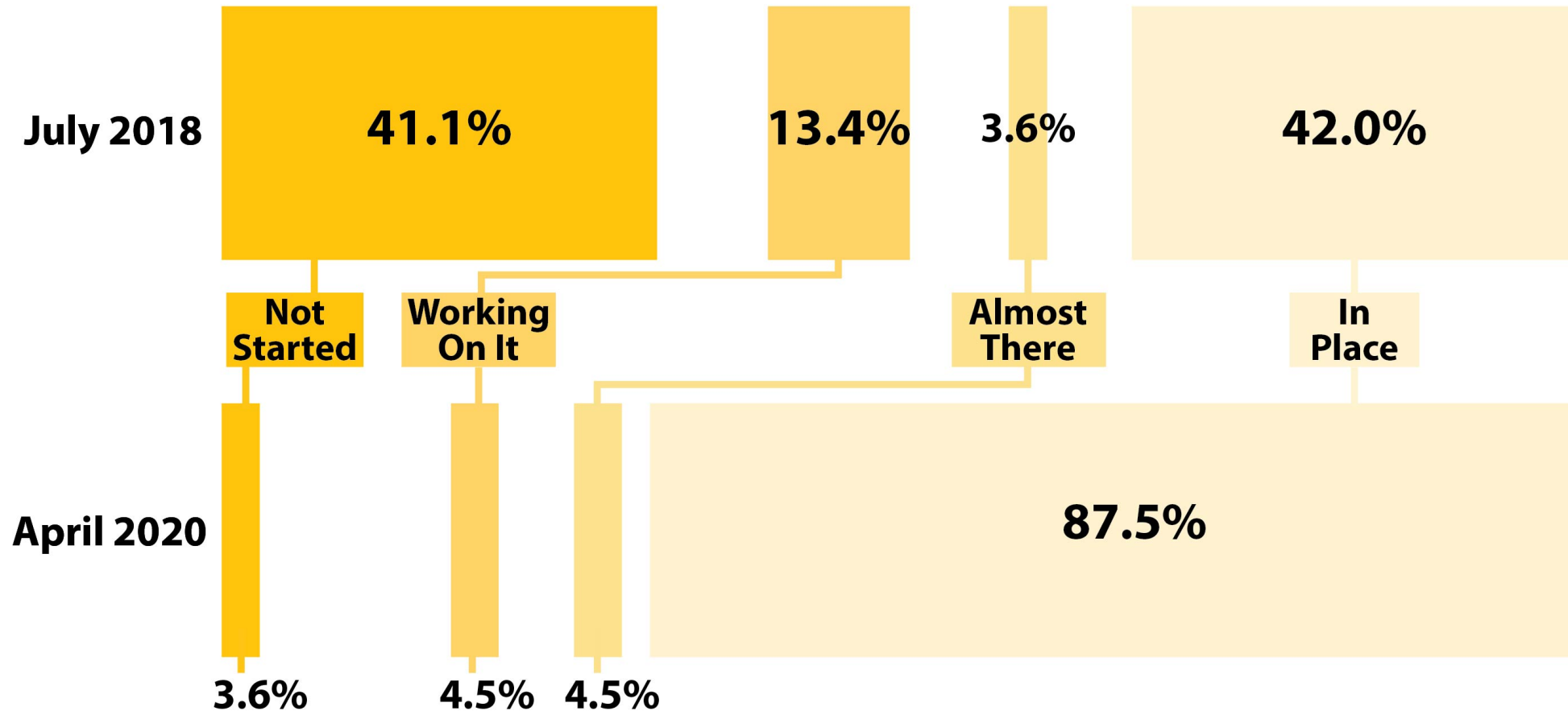


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Nursing Education: Obstetric Bundle Elements/Protocols

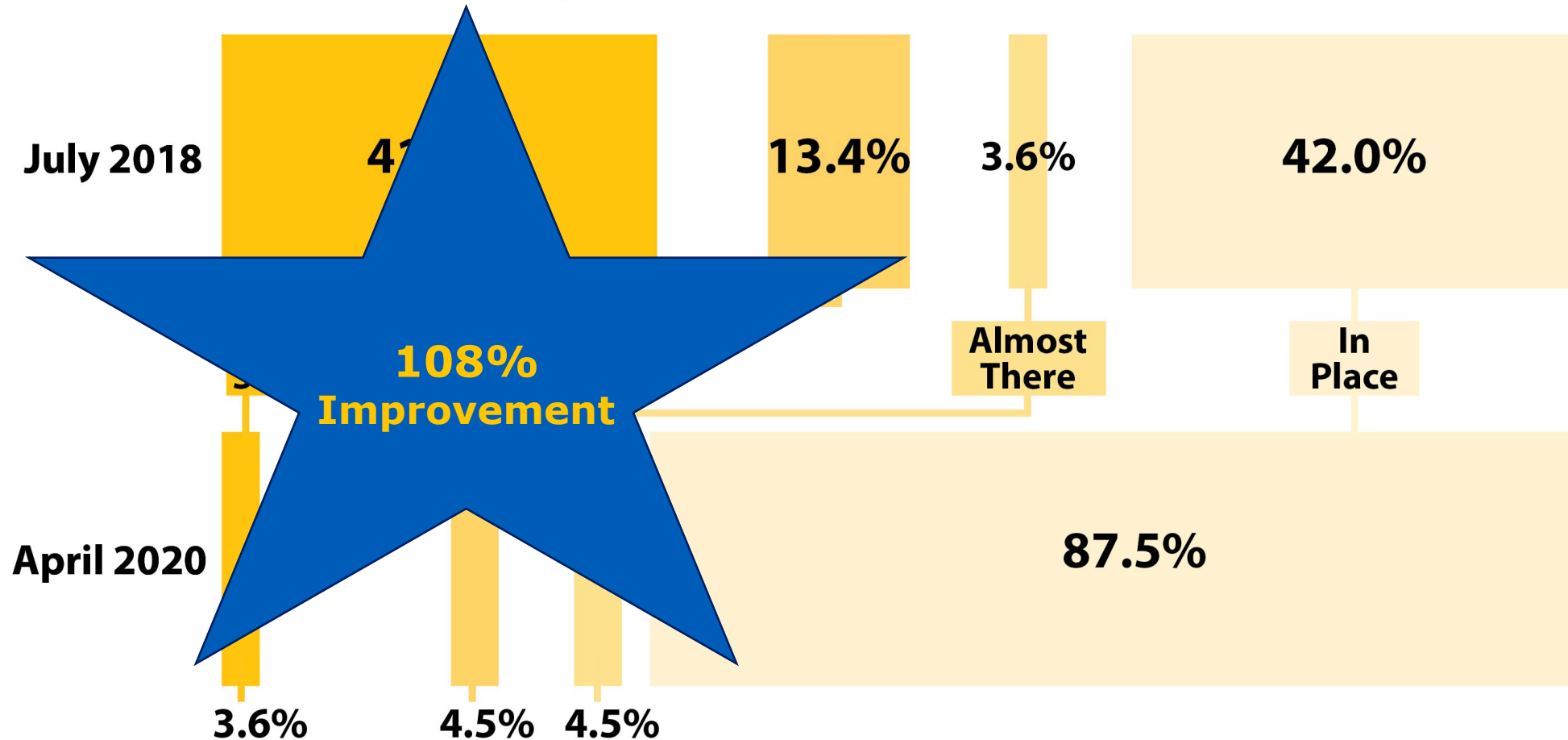


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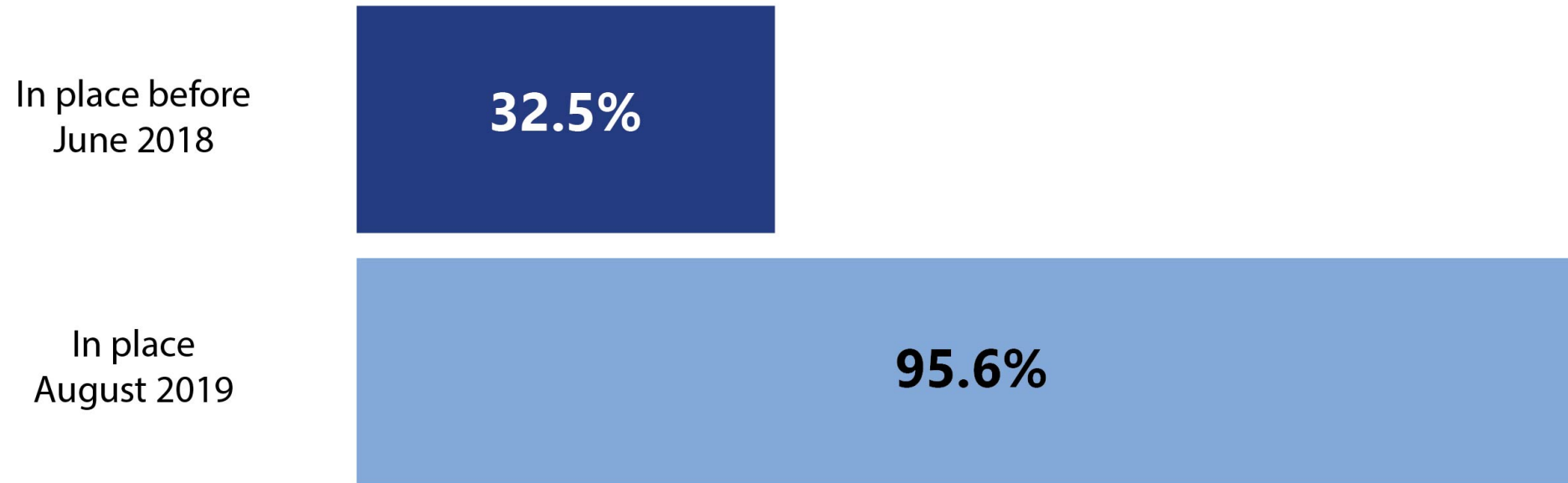


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AIM Obstetric Hemorrhage Bundle Structure Measures-Improvement from Baseline

Percent of hospitals that have established a system to perform regular formal debriefs after cases with major complications.



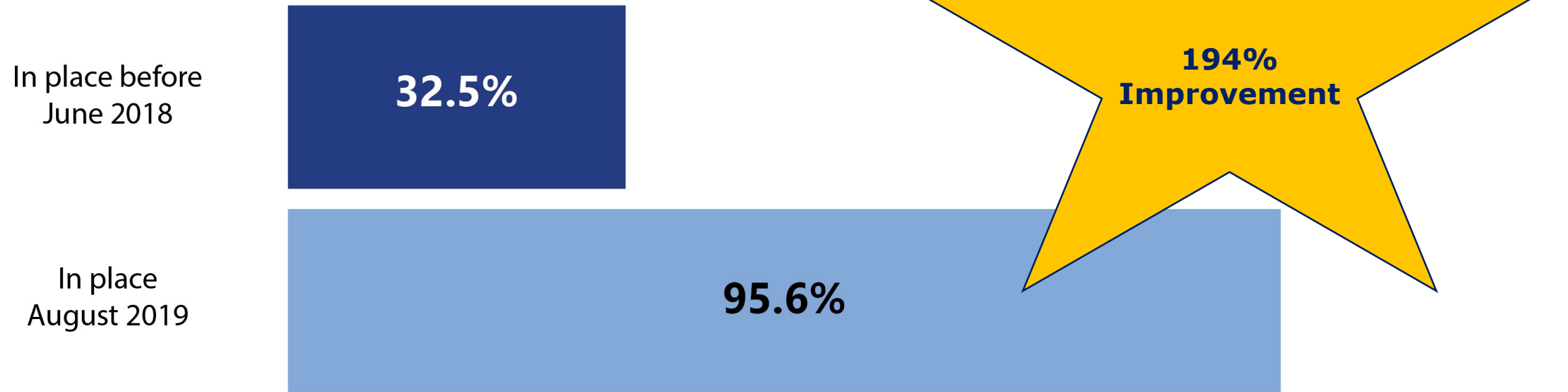
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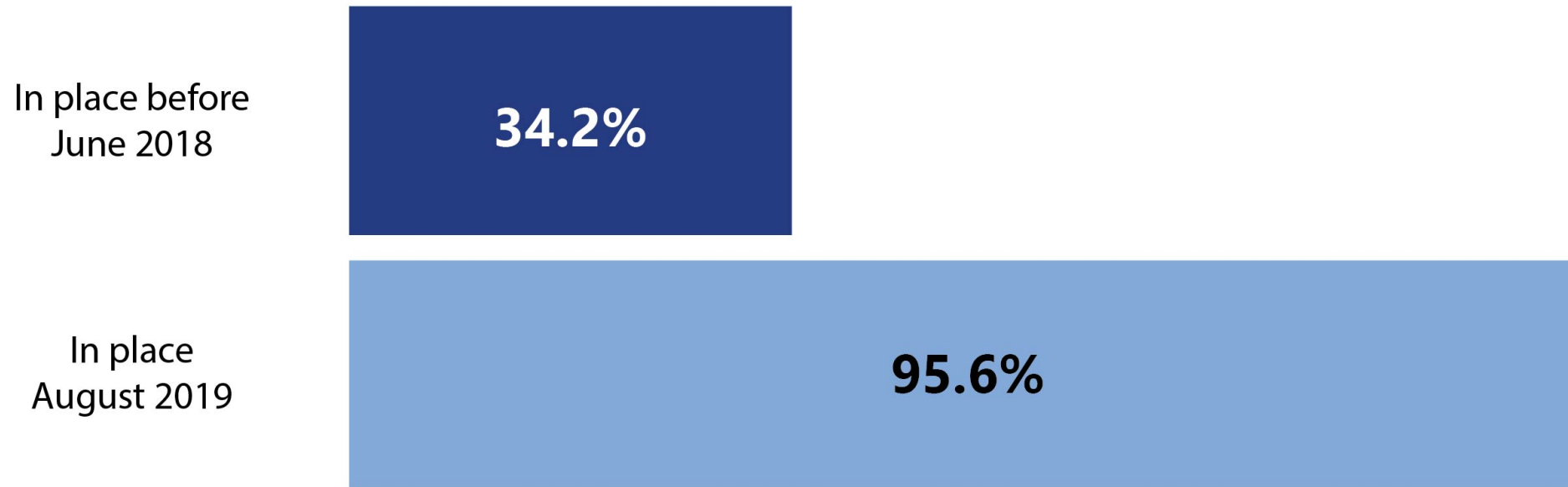
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AIM Obstetric Hemorrhage Bundle Structure Measures-Improvement from Baseline

Percent of hospitals that have established a process to perform multidisciplinary systems-level reviews on all cases of severe maternal morbidity (including women admitted to the ICU, receiving ≥ 4 units RBC transfusions, or diagnosed with a VTE).



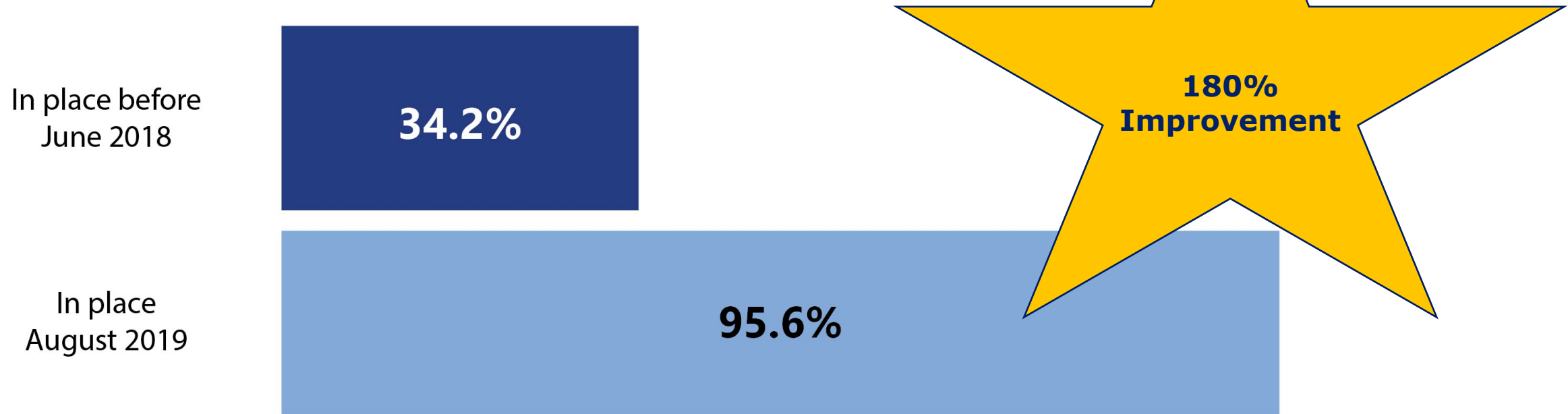
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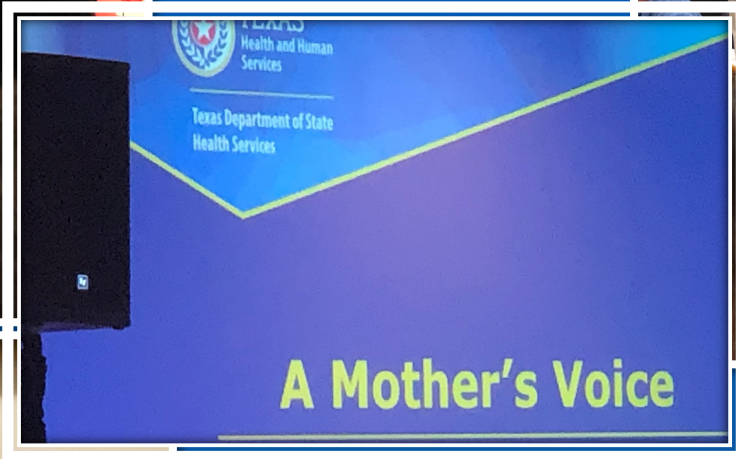
Percent of hospitals that have established a process to perform multidisciplinary systems-level reviews on all cases of severe maternal morbidity (including women admitted to the ICU, receiving ≥ 4 units RBC transfusions, or diagnosed with PE).

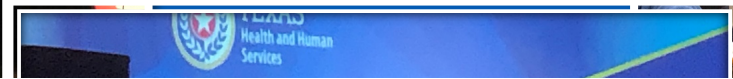


Prepared by Maternal and Child Health Epidemiology, October 2020

Source: AIM Structure Measure Data: AIM Data Portal, Healthy Texas Mothers and Babies Branch, DSHS.

For TexasAIM Plus hospitals reporting on structure measures, the percentage of hospitals reporting the bundle component was in place before TexasAIM kickoff in June 2018 and in place through August 2020.





The TexasAIM Way: Share Seamlessly







Steal Shamelessly*

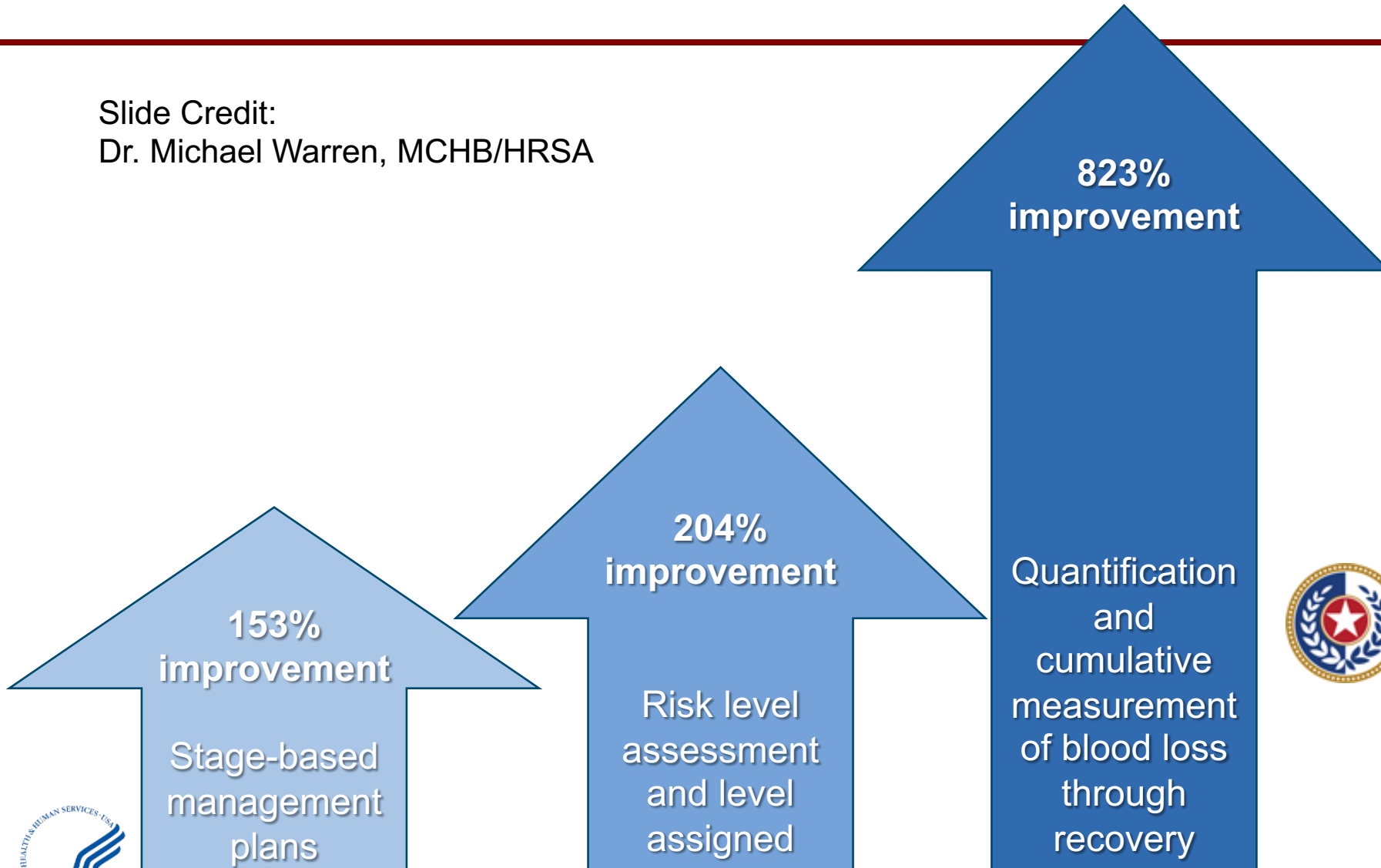
***with credit**

**To make health care safer
for every mother**



ACCELERATE: Reducing Hemorrhage in Texas

Slide Credit:
Dr. Michael Warren, MCHB/HRSA



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Provisional Finding

- 14% reduction from baseline (2017) in the rate of Severe Maternal Morbidity* among Hemorrhage Cases occurring during initial intervention period [Oct. 2018-Dec. 2019].

** (excludes cases with only a transfusion code)*

TEXAS HOSPITALS ARE
COMMITTED TO

**SAFE
CARE
FOR
EVERY
MOTHER**

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TexasAIM Plus HTN Learning Collaborative **Enrolling Now**

<https://dshs.texas.gov/mch/TexasAIM>

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Thank you!

Healthy Texas Mothers & Babies: A State Update

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